



We will be open on Monday, April 6, 2020 from 10 am to 1 pm and 4 pm to 8 pm

I hope this message finds you and your family in good health and spirits during these unprecedented, stressful times. The coronavirus pandemic has changed life for all of us, and we are all doing our very best to adapt.

Safety Precautions We Are Taking

Mask and gloves will be worn by all staff personnel.

Temperature checks – Our staff will be self-monitoring their own temperatures on a daily basis. Likewise, we will be checking our patients' temperatures upon arrival to our office.

Frequent Facility Cleaning – Our staff cleans all surfaces and door handles using disinfectant wipes after every patient. They also clean other objects you may touch such as clipboards and pens.

Hand sanitizers are available to all patients throughout the office.

Social Distancing – We have limited the amount of seating available in our patient waiting area. Additionally, you may be asked to stay in your car while you wait for the doctor.

Plexi-glass barrier installed at front desk.

Arthrostim adjusting tool to be used to minimize physical contact with you. Muscle testing to be performed after each adjustment to insure effectiveness of treatment.

Safety Precautions We Are Asking You to Take

Wash your hands – Please wash your hands thoroughly prior to departing for your in-person office visit.

Masks – While not required, if you have a mask, we encourage you to wear it during your office visit. Unfortunately, due to limited supplies around the country right now, we cannot provide masks to our patients.

Temperature and symptom self-check – Immediately prior to coming in for your office appointment, please assess your health status. Please call to reschedule your appointment for a future date if you are experiencing any of the following symptoms:

- Fevers (temperature 99.20 F or above)
- Chills
- Fatigue
- Cough
- Shortness of breath
- Sore throat
- Loss of smell or taste
- Upset stomach
- Loss of appetite

We are looking forward to seeing you at Bergen Spine & Rehab, and thank you for your patience and loyalty. I can assure you that we will get through these times together. If you have any questions, or would like to schedule an appointment, please call 201-387-2800.

Yours in Health,
Dr. Wayne M. Poller
Chiropractic Physician